

# Cape Cod Herb Day™



The 9th annual International Herb Day comes to Cape Cod in celebration of Artemisia, Herb of the Year 2014.

**Saturday, May 3rd, 2014, 9am-4pm**  
Rain or Shine!

hosted by Cedar Spring Herb Farm  
159 Long Pond Dr, Harwich, Ma 02645

Enjoy a day full of herbal wisdom including workshops and demonstrations. Don't miss this great opportunity to experience a working medicinal herb farm. Educational and fun for the whole family.

*Topics include:*

- \*Herbal Cordials
- \*Herbal Pet Care
- \*Flower Essences
- \*Dream Pillow Making
- \*The History & Folklore of Artemisia
- \*Chinese Moxibustion
- \*Artemisia Oils & Liniments
- \*Dandelion Blossom Harvesting
- \*Take the "Bitter" Challenge
- \*Culinary Containers

**\$5 Admission**  
**12 & under free**



***All proceeds to benefit  
Harwich Conservation Trust.***

for more information email  
[herbdaycapecod@gmail.com](mailto:herbdaycapecod@gmail.com)

# Cape Cod Herb Day™



The 9th annual International Herb Day comes to Cape Cod in celebration of Artemisia, Herb of the Year 2014.

**Saturday, May 3rd, 2014, 9am-4pm**  
Rain or Shine!


hosted by Cedar Spring Herb Farm  
159 Long Pond Dr, Harwich, Ma 02645

Enjoy a day full of herbal wisdom including workshops and demonstrations. Don't miss this great opportunity to experience a working medicinal herb farm. Educational and fun for the whole family.

*Topics include:*

- \*Herbal Cordials
- \*Herbal Pet Care
- \*Flower Essences
- \*Dream Pillow Making
- \*The History & Folklore of Artemisia
- \*Chinese Moxibustion
- \*Artemisia Oils & Liniments
- \*Dandelion Blossom Harvesting
- \*Take the "Bitter" Challenge
- \*Culinary Containers

**\$5 Admission**  
**12 & under free**



***All proceeds to benefit  
Harwich Conservation Trust.***

for more information email  
[herbdaycapecod@gmail.com](mailto:herbdaycapecod@gmail.com)